



MINGUS

MOUNTAIN

WELCOME PACKET

SUMMER CAMP 2021

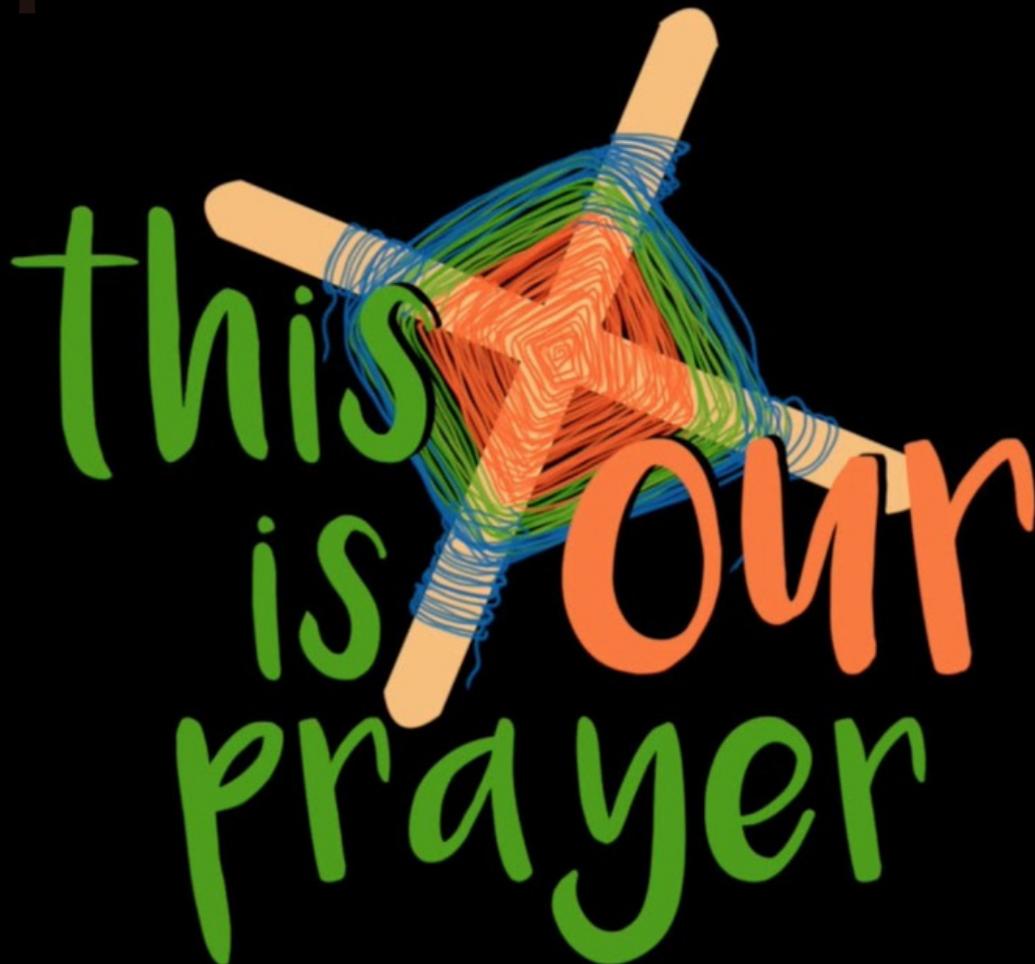
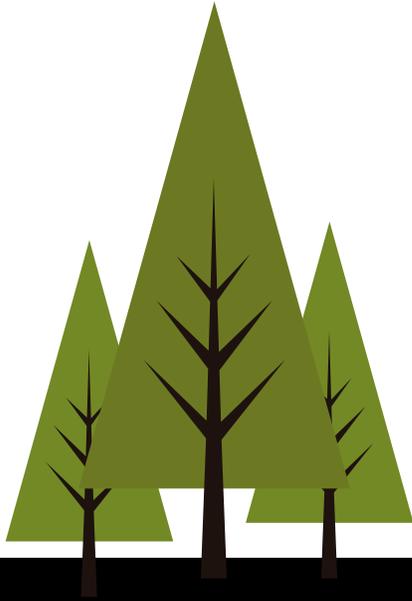


WELCOME

Dear Camper and Parent/Guardians:

We are so excited to have you join us at camp this year. We have been praying for you and this camp for a while. We have recruited staff and have spent many hours planning. Now we need YOU and we are looking forward to your arrival. Here are a few things you need to know before you arrive. The theme this year is "This Is Our Prayer" Get ready for a week of learning, fun, exploration, and Christian community. The staff is very excited, and we hope you are too. We are looking forward to a great time at camp filled with friends, worship, counselors, and play! We would like to encourage you and your camper to look over this packet together. Please call us at (928) 649-5949 if you have any questions.

God Bless, Cat Holbert, Executive Director





Arrival for all Camps



PLEASE ARRIVE AT THE TIMES LISTED BELOW.
DROP OFF/PICK UP WILL BE SWIFT TO MAINTAIN MAXIMUM COVID SAFETY.

DROP OFF

| | |
|-----------------------|---------------------------|
| Mini-Camp | Thursday, June 3rd at 2pm |
| Elementary 1 | Monday, June 21st at 2pm |
| Jr High 1 | Monday, June 21st at 3pm |
| Sr High Adventures | Monday, June 21st at 3pm |
| Elementary 2 | Monday, June 28th at 2pm |
| Jr High 2 | Monday, June 28th at 3pm |
| Adventures in Mission | Monday, June 28th at 3pm |
| Night Owls | Monday, July 5th at 2pm |
| Sr High Adventures 2 | Monday, July 5th at 3pm |

PICK UP

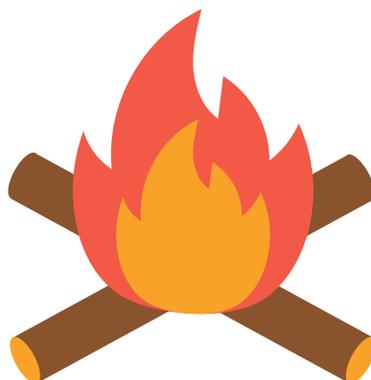
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|--------------------------------|
| Saturday, June 5th at 10am |
| Saturday, June 26th at 10am |
| Saturday, June 26th at 10:30am |
| Saturday, June 26th at 10:45am |
| Saturday, July 3rd at 10am |
| Saturday, July 3rd at 10:30am |
| Saturday, July 3rd at 10:45am |
| Saturday, July 10th at 10am |
| Saturday, July 10th at 10:30am |

We know that the staggered arrival times may pose some issues and we invite you to use the time in between to visit Mingus Lake or check out the overlook. If we can we will open check-in early for the older age groups. Thank you for understanding!

IMPORTANT PICK UP INFORMATION

In order to ensure the safety of your child, please know and understand the following about pick-up: Only people whose name appears on your camper's pick-up authorization form will be allowed to make pick-ups. Also, **please be aware that you (or anyone you have designated as approved) will need to present a valid Driver's License in order to sign your child out of camp.**

In the unlikely event that we need to change the pick-up time or location, you will be notified via mass email through the registration system and/or via phone



BRING A FRIEND

Everyone belongs at Mingus Mountain and by everyone we mean everyone! Regardless of whether they attend church, or not, each child and youth has a place at camp. Invite your neighbors, relatives, and friends to join your camper to experience the community at Mingus Mountain, where everyone belongs. For every new-to-camp friend who you refer (and attends summer camp) you receive a \$25 discount (and so do they) up to the cost of camp. To receive the discount, simply log back into your camp registration and fill in the "refer a friend" section. For help, contact us at dreid@dscumc.org



PREPARING YOUR CAMPER FOR SUCCESS

Missing home happens and you can help your camper have a great time at camp by using some of the following techniques to help your camper(s) cope:

- Consider arranging for a first-time camper to attend with a close friend, relative, or camp "buddy"
- Encourage your child to try new things and make new friendships. Do not tell your child in advance that you will "rescue" him/her from camp if he/she doesn't like it

- Discuss what camp will be like well before your child leaves, acknowledging feelings; consider role-playing anticipated camp situations such as using a flashlight to find the bathroom
- Drop a letter to your child at drop off so he/she will have a letter waiting for his/her arrival
- Allow your child to pack a favorite stuffed animal and/or picture so that your child will have a reminder of home
- Refrain from saying things like, "I'm going to miss you so much" and instead choose words like, "We are excited to hear about all the great experiences you have at camp!"

In the event your child does experience some adjustment problems, the caring and compassionate counselors will provide guidance and encouragement for him/her to try the camp activities. If your child continues to experience issues the Director will be made aware and will arrange for the camper to wait, at least, 24 hours from that time to see how she/he evolves in the camp setting. If, after 24 hours the camper is still experiencing elevated emotions the Director may call home and arrange a conversation between parents and camper. Every attempt is made to encourage the child to stay at camp before resorting to an early departure.

HEALTH PROCEDURES

In order for your camper to have the best possible experience at camp, they should be arriving at camp free of illness. Your camper will be joining a camp community, living with other campers, and sharing the camp with many other campers it is important that good practices, like hand-washing and catching sneezes, are second nature. Camp is staffed by a Health Supervisor and a physician is on call.

You will be contacted if your camper:

- Spends a night in the infirmary
- Needs to see a doctor or visit the emergency room
- Breaks the Camper Behavior Agreement

All campers receive a health screening upon arrival at camp, and the Health Supervisor, or their proxy, verifies health information. Parents will be notified of any concerns.

All medications must be checked in with the Health Supervisor and can only be at camp if:

- In the original container
- Labeled with the camper's name, physician's name and correct dosage

***Parents, please be aware, camp is a week full of changes in schedule and lots of activity. Please make sure your camper has a full dosage of all prescribed medicines. This is not a good week to experiment and see how your camper does off of his/her medications or trying a new medication unless medically necessary. Emergency Medications such as Epinephrine or inhalers will remain with the camper at all times and camp staff will know the specifics of that child's medical needs.

FOR MORE IMPORTANT HEALTH INFORMATION BE SURE TO READ THE COVID POLICIES & PRACTICES ADDENDUM.

FREQUENTLY ASKED QUESTIONS

What If My Child Gets Sick Or Injured At Camp?

Children often get cuts, scrapes, bumps, and bruises as well as stomachaches and other minor complaints. Our camp Nurse will treat these illnesses and injuries as they arise. If the injury is deemed to be severe by the Nurse and/or members of camp leadership, you will be contacted via phone with details regarding the injury/illness. You may be asked to pick up your child or for instructions on how to proceed. For minor injuries requiring anything beyond basic First Aid, but not necessarily severe, the Nurse will document the treatment and may request to meet with you briefly at pick-up.

Can I Bring my Phone? Camera? Music Player?

Campers are strongly encouraged to leave all expensive items at home, including cell phones and other hand-held devices. Should you choose to bring one of these items with you then you are taking full responsibility for it and will not be reimbursed if the device breaks and/or is lost.

So, Technology Stuff Is Allowed At Camp??

Cell phones/music players will ONLY be allowed IN the cabins, and, stored with the counselors. When/if time allows, staff will set aside "tech time" for the campers to have access to their phones. Phones will NOT be allowed anywhere else and will never be allowed in private sleeping, showering or changing areas. **Please pack a camera for picture taking.** We will also post and share pictures via social media. If phones/devices are seen any time except those designated by staff they will be collected, stored for the remainder of the session, and returned upon departure.

Where do I send mail?

Mail on the mountain is notoriously slow. Because of this we advise bringing mail with you and dropping it with our staff at drop-off. There will be a discreet drop-off location on your way out. Be sure to label all mail with your camper's first and last name and the session they are attending. If you are dropping multiple pieces of mail or if you'd like mail delivered on a certain day be sure to add the day you'd like it delivered. **Label example:**

Tara Smith/Elementary Camp 1

Wednesday

Packages that include food or snack items are discouraged as they attract critters (not the fun kind!)

What if there is a family emergency?

In an emergency, the camp nurse may be contacted at 928-634-5441. This is a direct line to the infirmary and is only used in case of an emergency. If there is no answer at that number, you may try the camp line at 929-649-5949 which has voicemail. In non-emergency cases, you can contact us through e-mail at cholbert@dscumc.org

What happens if there is an Emergency at Camp?

Safety is one of our values at Mingus Mountain—as such we strive to keep our campers and staff safe and healthy throughout the week. In the event an emergency arises we do have a full set of emergency procedures for which we train and follow. Should an emergency arise which requires evacuation, Mingus Mountain will use a bus company to transport campers to a location determined at the time of emergency. Parents & Guardians will be alerted via email as to the details of pick up.

Can We Visit Our Camper At Camp?

The community at camp is a delicate thing—and in order for us to form effectively and really be able to grow, share and, in many cases, transform, it's important for the campers to have this place as their own for the week. We encourage you to write letters and cards, but we don't allow visitors during the session as it is only a week and we want the campers to fully experience the camp community.

What if My Child Needs to Arrive Late or Leave Early?

To make arrangements to arrive at camp late or depart early, be sure to contact Cat Holbert, Executive Director, in the camp office at 929-649-5949 or via email at cholbert@dscumc.org

Is there a Dress Code?

IN FACT, YES, THERE IS!

Campers/Staff are expected to:

- ☑ All underwear is to be worn out of sight
- ☑ Proper undergarments are to be worn at all times
- ☑ Pants, shorts & skirts should be at the waist
- ☑ Shorts should have a modest length inseam (No peekin' cheeks)

- ☑ Shirts should cover the entire torso

Campers/Staff should NOT wear:

- ☑ Underwear of any kind hanging out
 - ☑ Anything that is too low-cut
 - ☑ Low riding pants, shorts or skirts
- ☑ Anything that reveals your mid-section
- ☑ Anything with inappropriate sayings/logos

Note: Open-toed shoes are now allowed as long as they have an ankle strap. *This doesn't include crocs. Sneakers/tennis shoes are required for hiking, high ropes, and special activities.

MORE FREQUENTLY ASKED QUESTIONS

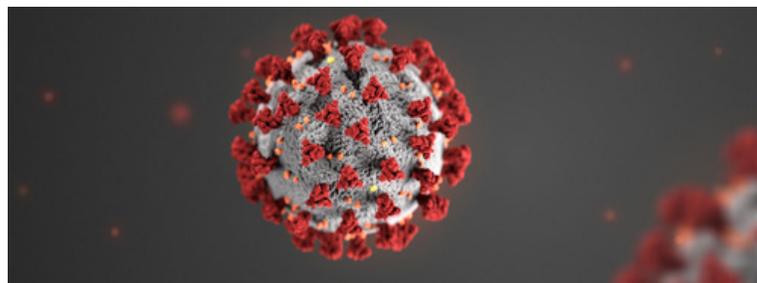
What are the COVID policies/procedures?

We have a myriad of COVID related policies in place, based on recommendations from the Yavapai County Health Department, the American Camp Association and the CDC. Be sure to read the COVID addendum for more information.

But, wait, are there crucial COVID policies that we should know?

YES! Here are the top TWO things you should know aside from the basics like mask-wearing and social distancing:

1. If your camper is eligible for the vaccine we strongly encourage it and will need to see a copy of the vaccination record.
2. If your camper hasn't received the vaccine, **we would like them to receive a COVID test within 72 hours of camp and arrive at check-in with the negative results in hand.** (Results may also be sent the night before). If you are unable to procure the test prior to arrival, we will administer a rapid test while your camper is in the car. Upon confirmation of a negative result, your camper will then be welcomed into their cabin.



PACKING LIST

To best prepare your camper for their stay at camp, please have them help pack their belongings. This helps your camper develop a sense of independence and makes their first couple of days at camp easier.

Please make sure your camper's name is written on ALL of their belongings. We highly recommend packing your camper's belongings in a plastic tub.

Clothing

- _ 6 t-shirts
- _ 6 shorts
- _ 6 pairs of socks
- _ 6 pairs of underwear
- _ 1-2 pairs tennis shoes
- _ 1 pair sport sandals (optional)
(must have a heel strap)
- _ 2 pairs of long pants
- _ 2-3 pairs of pajamas
- _ 1 raincoat or poncho
- _ 1 sweater or sweatshirt,
- _ 1 pair of shower shoes
(flip flops or similar)

Please bring a bathing suit for water games, and a set of clothes that can get dirty for some messy games!

Nice to Have

- _ camera
- _ book
- _ stationary
- _ pens
- _ addressed, stamped envelopes
- _ address book
- _ extra batteries
- _ cards
- _ 1-2 light colored items to tie dye

Personal Care/Random Needs

- _ 1 washcloth
- _ 1 towel
- _ sunscreen (spf 15+)
- _ lip balm (spf 15+)
- _ shampoo
- _ conditioner
- _ brush or comb
- _ soap
- _ deodorant
- _ toothbrush
- _ toothpaste
- _ hand sanitizer
- _ sanitary items (if appropriate)
- _ plastic bucket to carry toiletries
- _ sleeping bag or sheets/blanket
- _ pillow
- _ laundry bag
- _ flashlight
- _ water bottle
(w/ shoulder strap preferred)
- _ sunglasses
- _ Bible
- _ 6 cloth or disposable masks

Do NOT Pack

- pets/animals
- vehicles (bicycles, ATVs, etc)
- video games
- gum, candy, or other food items
- laptops or portable DVD players
- tobacco, illegal drugs, alcohol
- matches or candles
- expensive or irreplaceable items
- fireworks or weapons
- inappropriate books, magazines, or clothing

Lost and Found

All "lost & found" items will be held until August 1st. All items not claimed by then will be donated to local charities.



Special Mini-Camp Needs

- 1 oversized white shirt for painting

Special Night Owls Needs

- Flashlight with extra batteries
- Glow-in-the-dark items (Optional)

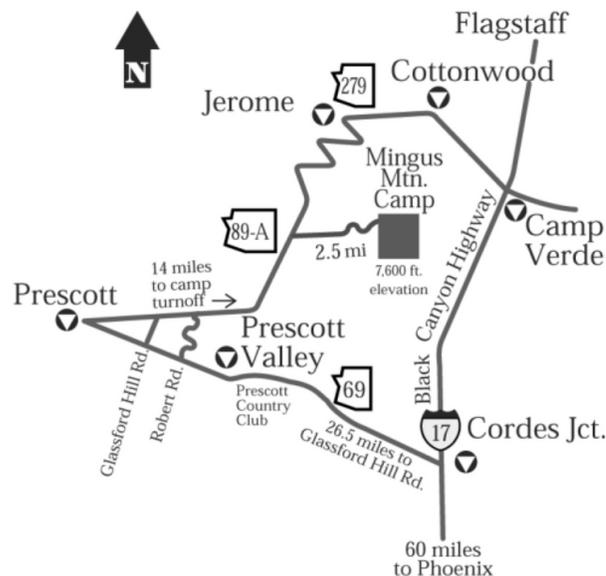
Special Adventure Camp Needs

*includes Adventures in Mission

- Water shoes with an ankle strap
- Hiking boots or shoes with good traction
- One-piece-bathing suit & pool towel
- Day pack
- Sunscreen
- Sunglasses & hat
- Sleeping bag & pillow

GETTING TO

CAMP



From Phoenix:

- Take Interstate 17 North to Route 69 (**Cordes Junction** exit).
- Take Route 69 toward Prescott/Prescott Valley
- Turn **Right** on **Fain Road** (Dewey - there will be a Maverick gas station on the Left)
- Continue 9 miles
- Turn **Right** on Highway 89A (at an intersection with a stoplight)
- Continue approximately 9 miles
- Turn **Right** at **Forest Service Road 104A** (Mingus Summit Picnic Area - there will be four mailboxes on your right immediately after turning)
- Follow the Forest Service road 2.5 miles to **Mingus Mountain Camp & Retreat Center**. (Camp is on the left side of the road approximately 0.5 miles past Mingus Lake. **DO NOT** turn right toward Mingus Springs Camp, this is a separate organization.

From Flagstaff:

- Take Interstate 17 South to **Exit 294 (Montezuma Well)** exit).
- Take Route 69 toward Prescott/Prescott Valley
- Follow **Highway 89A** to Jerome and continue 9 miles
- Turn **Left** at **Forest Service Road 104A** (Mingus Summit Picnic Area - there will be four mailboxes on your right immediately after turning)
- Follow the Forest Service road 2.5 miles to **Mingus Mountain Camp & Retreat Center**. (Camp is on the left side of the road approximately 0.5 miles past Mingus Lake. **DO NOT** turn right toward Mingus Springs Camp, this is a separate organization.

From Las Vegas:

- Take **Interstate 40** East from Kingman to Ashfork.
- At Ashfork, take **Highway 89 South**.
- After you pass the airport and Antelope Hills Golf Course, look for a lighted intersection indicating **89A** to the **Left**. If you see Potter's House Church, you have gone too far.
- Turn **Left** on Highway 89A (at an intersection with a stoplight)
- Continue approximately 9 miles
- Turn **Right** at **Forest Service Road 104A** (Mingus Summit Picnic Area - there will be four mailboxes on your right immediately after turning)
- Follow the Forest Service road 2.5 miles to **Mingus Mountain Camp & Retreat Center**. (Camp is on the left side of the road approximately 0.5 miles past Mingus Lake. **DO NOT** turn right toward Mingus Springs Camp, this is a separate organization.